



TEENAGE TURN-OFFS

1. ORDERING, DIRECTING, COMMANDING

'Do it because I say so!' – *'I told you to ...'*

2. WARNING, THREATENING

'If you don't do as I say you won't go out on Saturday night'

3. PREACHING, MORALISING

'I was never allowed to do that when I was your age' –
'You don't know how lucky you are'

4. ADVISING

'If I were you ...' – *'Maybe it would be better if you ...'*

5. JUDGING, CRITICISING, BLAMING

'If you had listened to me, this would not have happened' –
'You really are hopeless at ...'

6. NAME CALLING, RIDICULING, SHAMING

'That's just plain stupid' – *'What do you think the teacher thinks about you now?'*

7. TEACHING, INSTRUCTING

'You must get down to your homework before tea and not leave it until the last minute'

8. RESCUING, INTERVENING

'Oh leave it here. I suppose I shall have to sort it out for you again' –
'Never mind. I'll ring up the school and tell them why you were late'

9. EXPECTING TOO MUCH

'That doesn't sound bad, but where did you come in the class? It would be nice if you could come top for a change'

10. DENYING HIS/HER FEELINGS

'Oh it can't be that bad. You will have forgotten all about it by the morning'

11. ALWAYS KNOWING HOW HE/SHE FEELS

'I used to be exactly the same'

