



# THE MINISTRY OF PARENTING

## Trainings for Professionals 2018/19

Trainings are listed in date order. All trainings listed below are at The Ministry of Parenting, Suite 6, Wellington House 90-92 Butt Road Colchester Essex CO3 3D

**To book;** 01206 562 626 or e-mail [info@theministryofparenting.com](mailto:info@theministryofparenting.com)

We are currently running IY Group Leader Peer-Coaching workshops FREE for those who have attended the Baby, Early Years Basic or School-Aged Incredible Years trainings see <http://www.theministryofparenting.com/practitioners/trainings-in-essex> The aim of the peer-coaching workshop is to share, with peers, logistical and implementation issues in running the Incredible Years. The workshop also provides the opportunity for professionals to review content of the Incredible Years and become aware of updates and the Accreditation process.

<p><b>FLASH Families Learning About Self-Harm</b></p> <p>3 day training</p>	<p>For professionals working with parents of children aged 11-16 years and who are showing signs or behaviours of self-harming. The course will enable participants to: have a wider knowledge, awareness and understanding of self-harm behaviours in young people; understand the basic approaches for implementing a FLASH parenting group programme and provide practical strategies for parent.</p>	<p>14<sup>th</sup>, 15<sup>th</sup> &amp; 16<sup>th</sup> January 2019 <b>£350 p/p to include Manual</b></p> <p>Buy 3 places and the 4th place comes FREE on this training</p>
<p><b>Pit-STOP (Parent Interactive Toolkit)</b></p> <p>1 Day Training</p> <p>To undertake this training you must have completed the STOP training. Pit</p>	<p>Pit-STOP is a 'one- to-one' parenting programme based on the STOP (Supporting Parents of Teens) parenting programme. The training day will take professionals familiar with the STOP programme through the Pit – STOP eight baseline content sessions which include subjects such as conflict management, listening skills, praise and encouragement, limit setting, family meetings and personal stress management. The training cost includes the Pit-STOP professional guidebook which provides an overview of each one-to-one session's content. It is aimed to be both practical and useful, formulated in a specific format</p>	<p>28<sup>th</sup> January 2019 <b>£140.00 p/p (to include Pit-STOP Guidebook)</b></p>

	for ease of photocopying. Each session is listed individually with each stage incorporating interactive hand-outs to share	
<b>STOP A Supportive Programme for Parents of Teens</b>  3 day training	Training Programme for professionals working with parents of children aged 11-16 years. The programme aims to give parents a greater understanding about the developmental process of their teenage child. Sessions include Alcohol; conflict & aggression; sex & relationships, praise & encouragement; setting the limits and more.	25 <sup>th</sup> , 26 <sup>th</sup> and 27 <sup>th</sup> February 2019 <b>£350.00 p/p (includes STOP Manual)</b>  Buy 3 places and the 4th place comes FREE on this training
<b>The Incredible Years School Aged Training</b>  3 day training	For Professionals working with parents of children aged 4 – 11 years. This series focuses on the importance of promoting positive behaviours, interpersonal issues such as building social skills, and effective praise. Content includes; <ul style="list-style-type: none"> <li>✓ Promoting Positive Behaviours in School Age Children</li> <li>✓ Reducing Inappropriate Behaviours in School Age Children</li> <li>✓ Supporting Your Child's Education</li> </ul>	4/5/6 March 2019  <b>£440.00 p/p</b>  (includes 1 x IY 'Trouble Shooting Guide for Parents of Children Aged 2-8 years)
<b>The Incredible Years Home-Coaching Programme</b>  1 Day training  To book on this training you must have completed a 3 day Incredible Years school-aged or pre-school, early years training.	This one-on-one parent-coach model can be used to deliver the entire pre-school BASIC programme, or as a supplement for parents attending an Incredible Years group. This home-visitor coaching model is a good option if parents cannot attend a parent group due to schedule conflicts, or if there is an extended delay before the next parent group will be offered. This model may also be used with parents who need some additional home-coaching with their children.	12 <sup>th</sup> March 2019 £165.00 p/p (£100.00 training, plus £65.00 for the Self-administered Pack)
<b>In planning for 2019 dates</b>		
<b>Group Facilitation Skills Training</b>  4 day training	This four-day course will enable you to develop your skills for working with groups, develop your confidence as a facilitator and help you get more out of your facilitator role	ALL 2018 dates completed or full 2019 dates in planning – please contact us to go on the training waiting list <b>£440.00 p/p</b>
<b>The Incredible Years Pre-School BASIC (Early Years and Toddler Training)</b>	For professional working with parents of children aged 1-6 years. This programme covers both the Toddler and Early Years programmes	<b>£440.00 p/p</b> to include one copy of the IY @Trouble Shooting Guide for Parents of Children Aged 2-8 years)

3 day training		
<b>The Incredible Years Baby Training</b> 2 day training	The Parents and Babies programme consists of a 6-part programme, focused on helping parents learn to observe and read their baby's cues and learning ways to provide nurturing and responsive care including physical, tactile and visual stimulation as well as verbal communication.	ALL 2018 dates completed or full 2019 dates in planning – please contact us to go on the training waiting list <b>£330.00 p/p</b> (to include one copy of 'Incredible Babies, A Guide of Your Baby's First Year')
<b>SHARPS Supporting Holistic Approaches – Risk, Parents and Self Harm</b> 3 day training	This is a 3 day multi-agency training course that aims to give professionals an awareness of the key principles of working with young people who self-harm, and their families. The content of the training is based from the work and evidence of the FLASH parent programme designed for parents of a young person who is exhibiting self-harm behaviour and this behaviour is having an impact on the whole family	ALL 2018 dates completed or full 2019 dates in planning – please contact us to go on the training waiting list <b>£300.00 p/p</b>