

What our families say about us

'It is the best parent group I have been to, friendly people, informative, I have learnt a lot'

"A huge thank you – it has helped me through a challenging time.

'This is a very valuable group programme for parents with tricky teens, thank you for making this learning journey possible.'

"Every parent should have the opportunity to attend a group like this

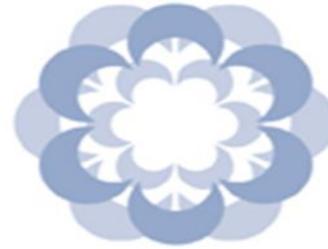
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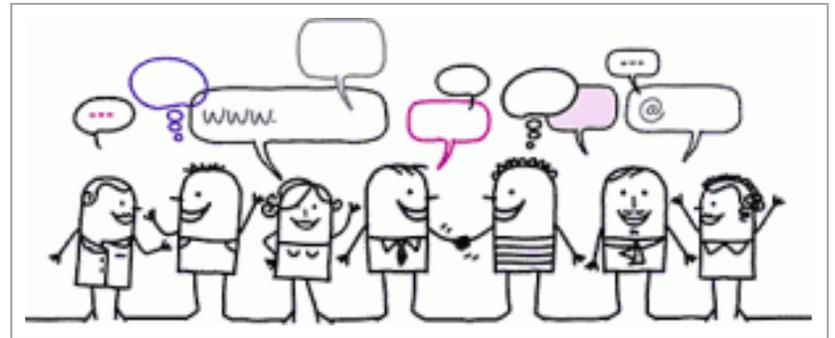
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Who we are & what we do



THE MINISTRY OF PARENTING CIC

Promoting Creativity In Parenting

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Our Training Services

The Incredible Years Trainings



We offer the following range of Incredible Years trainings; Baby, Preschool basic, School aged and Home coaching programme.

Parents of pre-teens and teens (10 -18 yrs.)



We offer the STOP (Supporting Parents of Teens) group programme and the Pit –STOP programme which is the bespoke one to one parenting course based on the STOP programme.

Parents of Young People that self-harm



We offer training for the FLASH (Families Learning About Self Harm) group programme

We also offer Group skills training, supervision and programme consultancy

The Team

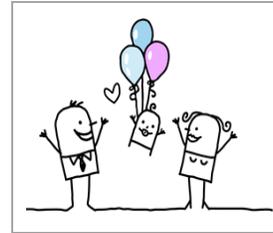
The Ministry of Parenting is led by a small friendly team of professionals with a proven track record of excellence in parent training, consultancy, community development and parental mental health.



Our Support Team

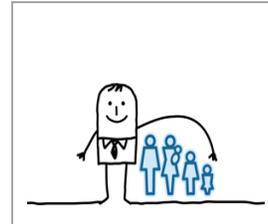
The company has a Business Advisory Board panel comprising of professionals who advise on finance, communications, clinical, safeguarding, training and ethnicity matters. A Parents Advisory Group, made up of parents, enables the company to keep strict allegiance to the parent's voice and all that it stands for. A team of independent co leaders and trainers who support the core team in delivering parent group programmes and trainings.

Overview of The Ministry of Parenting



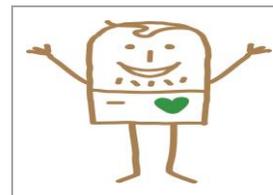
The Ministry of Parenting CIC is a Colchester-based company that works with children, parents, professionals and organisations.

Our Vision and Mission



To work with children, parents, professionals and organisations to develop creative, evidence-based solutions to challenges faced by families in society today.

Legal Structure:



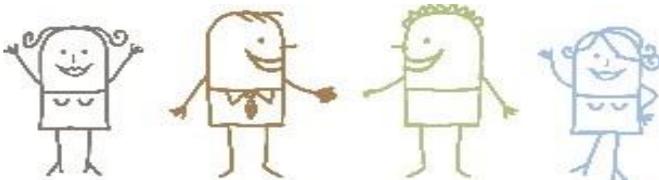
Incorporated as a 'Community Interest Company' (CIC) on the 17th December 2008. Company Registration Number 06775916.

Who we are

The Ministry of Parenting CIC (MoP) works with children, parents, professionals and organisations by developing creative evidence-based solutions to the challenges faced by families in society today. The company name was inspired by Jamie Oliver's book "Ministry of Food". In his book and accompanying TV series Oliver wanted to pass on the message of healthy food "passing the menu on". Our wish is to pass on "a parenting menu" to support healthy parenting.

Our main activities are the delivery of a range of parenting programmes, tailored to suit parents of different aged children; parents with identified needs and parents living with particularly challenging circumstances.

The thread of 'passing it on' reverberates through everything we do, we do in partnership with others; whether with parents, children or professionals. Families are at the center of our work and we aim to give all families choice and control over what is offered to them.



Our Parenting Services

For parents of younger children (2-11 yrs.)



May access the Incredible Years school aged group, the adapted ADHD group and the Incredible Years group for parents with children with Autism

For parents of pre-teens and teens (10 -18 yrs.)



May access the STOP (Supporting Parents of Teens) 10 week group programme or the 8 week Pit-STOP individual programme.

For families with a young person who self-harms



Parents may access the FLASH (Families Learning About Self Harm) and the young person can access the Teen FLASH workshop programme. Both Teen FLASH and FLASH are run as four/five workshops

We also can offer one to one coaching were parents can work with a member of the team in individual sessions