



**TEEN FLASH is a four week workshop
for young people (11-17) who are self
harming.**

There's an introduction workshop on Saturday 19th January 2019 which will allow young people to decide whether they want to do the four workshops, starting on 2nd February 2019. (Then 16/02, 02/03, 16/03).

Workshops aim to create better communication and personal relationships for young people and their families. And improve young people's self esteem.

**For more information contact
on 01206 562626 or look on
www.theministryofparenting.com**



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