

22 WAYS TO AVOID SAYING "NO!" TO KIDS

**YOU WILL FEEL BETTER
AND SO WILL THEY!**



- 1 Maybe you can do that some other time.
2. You know better than to do that.
- 3 Let's stop and think about this.
4. Tell me why this is important to you.
5. That's not what we had talked about doing.
6. I need you to come away from there right now.
7. Let's try doing something else instead.
8. Here, let me show you how you could do it.
9. This is not a good idea. Can you tell me why?
10. I know you want to, but it is not a good time.
11. I agree it would be fun, but we can't do it because...
12. Is there a different way to go about doing that?
13. That isn't in our budget. We just can't do it.
14. We don't have time for this right now.
15. What you're doing is hurting _____. You need to stop.
16. Yes, that's one answer; try again for a better one.
17. If you want to buy that, you can use your allowance.
18. We can't stay longer. We talked about this.
19. I'm disappointed to see you doing that.
20. This isn't helpful, I'd like you to stop.
21. Tell me what our rule is about this.
22. I know you want to do that but it is too dangerous.

