



Families Learning
about *Self Harm*

For multi-disciplinary practitioners working with parents of children aged 11-16 years and who are showing signs, or behaviours, of self-harming.

FLASH is a ten-week parent group programme for parents of a young person who is exhibiting self-harming behaviour and this behaviour is having an impact on the whole family.

This multi-agency training course aims to give professionals the values and key principles, and delivery content of the programme. This will enable course participants to:

- Understand the basic approaches for implementing a FLASH parenting group programme
- Have a wider knowledge, awareness and understanding of self-harm behaviours in young people
- Provide practical strategies for parents

Please note that ALL attendees to this training must be working with a family/families where self-harm is evident.

DURATION	3 DAYS
TIME	09.00 coffee, 09.15 start – 16.30 finish
VENUE	The Ministry of Parenting (CIC), Suite 6, Wellington House, 90-92 Butt Road, Colchester, CO3 3DA
COST	£330.00 p/p
DATES	14th 15th & 16th of January 2019

*The latest FLASH manual is included in the price; the manual is the only resource required to implement the group, therefore no further costs for purchasing materials are needed.

*There is no increase in training prices throughout 2018, however, lunch will no longer be provided by MoP. Tea, coffee, biscuits will be available at break times. Please bring your own lunch (fridge available for use) or we can order sandwiches for you on your arrival (cash payment please, guide price £2.50 - £5.00)

For more information and/or an Application Form please contact The Ministry of Parenting (CIC)
e: info@theministryofparenting.com. t: 01206 562626



THE MINISTRY OF PARENTING

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