

FLASH Authors & Current Trainers Authors



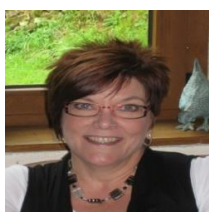
Jeannie Gordon
 Author of FLASH

Director of the Ministry of Parenting CIC, Jeannie is the Senior Project Development Practitioner for the Incredible Years projects. Jeannie trained as a psychiatric nurse with both residential and community experience of working with young children, adolescents and their families. Since 1987, she has worked in a multi-agency setting offering a variety of parenting programmes; these include all the Webster Stratton Incredible Years Parenting Programmes. Jeannie is the author of the STOP (A Supportive Programme For Parents of Teenagers) programmes. Co-author of the Pit-STOP programme. Jeannie is a trainer in Group Skills.



Sarah Brazier
 Author of FLASH

Non-Executive Director of the Ministry of Parenting CIC. Sarah trained as a psychiatric nurse with both residential and community experience of working with young children, adolescents and their families. Sarah currently works for the Essex Partnership University Foundation Trust (EPUT) which provides integrated care including mental health, learning disability, social care and community health services.



Debbi Barnes -
 Level 4 FLASH
 Trainer

Director of the Ministry of Parenting CIC, Head of Safeguarding and Chair Ministry of Parenting's Parents Advisory Group. Debbi is the Senior Project Development Practitioner for the SAAIF and RAP projects. Debbi studied as a Counsellor, worked with Essex County Council as an Education Welfare Officer and went on to become the County's first Family Support and Liaison Worker. From there she went on to train as a social worker at ARU in Chelmsford. Once qualified she worked with children with mental health problems. Debbi is a trainer in the STOP (A Supportive Programme For Parents of Teenagers) and co-author of the Pit-STOP. Debbi is also a trainer in the Group Skills programme.



John Rivers Level 4
 FLASH Trainer

John trained as a Nursery Nurse in 1994 working in Social Care settings and Family Centres where he developed an interest in systemic family therapy. Since 2002 he has worked for Berkshire's Child and Adolescent Mental Health Teams as a Parenting Practitioner. John gained a Masters Degree in Therapeutic Child Care In 2005. He has managed a Parenting Support team for West Berkshire as well as managing a Children's Centre. John set up and runs the Berkshire family and parenting consultancy service www.berkshirefamilyandparentingconsultancy.com. John delivers all the Webster-Stratton Incredible Years programmes as well as STOP and FLASH. He enjoys delivering facilitator training in Group Skills and the STOP and FLASH Programmes.



Dr Sarah Mayhead
Level 3 FLASH
Trainer

Sarah is a clinical psychologist who works for the Emotional Wellbeing and Mental Health Service (EWMHS) which is a young person's mental health service in South Essex. She has been working within the NHS in child and adolescent mental health since 1997 delivering individual, family and group interventions and supervising staff. She has been running FLASH groups since 2011 and provides supervision to trained group facilitators.



Gill Banks - Level 3
FLASH Trainer

Primary Mental Health Therapist in North Dorset CAMHS. Gill trained as a family, relationship & young people's therapist. She worked with Relate from 2005 to 2011. During her time with Relate she specialised in 1:1 therapies, delivered groups for separated parents and worked as an Independent Sexual Violence Advisor supporting women and men of all ages throughout the court process. In 2011 she joined the NHS and continues to offer 1;1 therapy, deliver groups and is currently completing the Cognitive Analytical Therapy training. She is the first level 3 FLASH trainer in Dorset and is the CAMHS service lead on delivering and supporting professionals with training, supervision and delivering the Flash Programme.



Luke Webb– Level 3
FLASH trainer

Luke is a registered Learning Disability nurse and has been qualified for 10 years. Luke started his career by supporting Adults with a learning disability in both inpatient and community settings. For the past five years he has been working in a CAMHS inpatient unit named Pebble Lodge in Dorset. Luke has facilitated many flash groups in Dorset and aims to build the service and delivery of Flash and STOP courses to ensure that parents and carers are receiving the support that they need.



Amy Beesley –Level 3
FLASH trainer

Amy is a trained as a clinical psychologist (Doctorate). Amy worked as part of the Parenting Support team for West Berkshire and is currently with Herts CAMHS.