



Current menu of groups and referral criteria

The Incredible Years School-Aged and the **STOP programmes** are provided as part of the New Early Help Services. The only restriction to accessing these services is that the person being referred is not already working with specialist support services such as EWMHS; Family Solutions; Social Care etc.

The Incredible Years AS Programme is funded by Essex Community Foundation and has no restrictions re other services.

The RAP/FLASH parenting programme is funded by ECC and has no restrictions re other services

One-to-one support is not grant-funded so needs to be paid for privately, or commissioned by the referring service. Please contact info@theministryofparenting.com for more information.

Programme	Area and when programmes offered
Incredible years School Readiness program is a parenting program designed to promote preschool children's school readiness. It is 4-5 weeks long and is held for 2 hours weekly (excluding school holidays)	South Essex. Venue; Bardfield Academy Starting on; Friday 14th September 2018 for coffee and information (9.30-10.30am) then 1 st session on the 21st September 2018- Until 12th October 2018 (9:30am – 11.30am) Venue Janet Duke Primary School Starting on Friday 19th October 2018 for coffee and information (9.30-10.30am) then 1 st session on Friday 2nd November 2018 Until 23rd November 2018 (9:30am – 11.30am) Referral form; www.theministryofparenting.com/wp-content/uploads/2012/02/RequestforEarlyHelpSOUTH1-1.pdf
	West Essex. Venue; Great Easton Primary School, Great Easton, Dunmow Start Date 11 th September 2018 9.30am to 11.30 am Plus Venue; Great Easton Primary School, Great Easton, Dunmow Start Date 11 th September 2018 12.45pm to 2.45 pm Referral form; www.theministryofparenting.com/wp-content/uploads/2012/02/RequestforEarlyHelpWEST1-1.pdf
	West Essex. Venue; Parkwood Academy Chelmsford Start Date 12 th September 2018 9.30 to 11.30 am Plus Venue; Parkwood Academy Chelmsford Start Date 12 th September 2018 12.30 to 2.30 pm Both course run weekly till the 10 th October 2018 Referral form; www.theministryofparenting.com/wp-content/uploads/2012/02/RequestforEarlyHelpWEST1-1.pdf
School Aged Incredible Years is for parents/carers with children aged 4-10 years. The group	Mid Essex. Venue Parkwood Academy Chelmsford Introductory session on the 31 st October 9.30 to 11.30am Start Date – Wednesday 6 th November 2018

<p>programme is 12 weeks long and is held for 2 hours weekly (excluding school holidays)</p>	<p>Referral form; www.theministryofparenting.com/wp-content/uploads/2012/02/RequestforEarlyHelpMID.pdf</p> <p>West Essex. Venue; Great Easton Primary School, Great Easton, Dunmow Introductory session on the 16th October 9.30 to 11.30am Start Date Tuesday 6th November 2018 Referral form; www.theministryofparenting.com/wp-content/uploads/2012/02/RequestforEarlyHelpWEST1-1.pdf</p>
<p>Incredible Years ADHD programme is for parents/carers with children aged 4-10 years with ADHD. The group programme is 16 weeks long and is held for 2 hours weekly (excluding school holidays)</p>	<p>North-East Essex: Venue: The Ministry of Parenting, Suite 6, Wellington House, 90-92 Butt Road, Colchester CO3 3DA. Start Date: Thursday 27th September 2018-07 February 2019 Referral form; www.theministryofparenting.com/wp-content/uploads/2012/02/RequestforEarlyHelpNORTH-EAST1.pdf <u>THIS COURSE IS FULL SO PLEASE CONTACT US TO GO ON THE WAITING LIST</u></p>
<p>Incredible Years AS programme is for parents of children on the Autistic Spectrum Disorder range or who have language delays. The group programme is 12 weeks long and is held for 2 hours weekly (excluding school holidays)</p>	<p>South Essex. Venue; TBC Start Date starting in November 2018 Referral form; www.theministryofparenting.com/wp-content/uploads/2012/02/RequestforEarlyHelpSOUTH1-1.pdf</p>
<p>The STOP programme is for parents/carers with young people aged 10- 16 years. The group programme is 10 weeks long and is held for 2 hours weekly (excluding school holidays)</p>	<p>North-East Essex; Venue; The Ministry of Parenting. 90-92 Butt Road, Colchester CO3 3DA Start Date – Thursday evening 6.15 -8.30pm 4th October 2018 – 13 December 2018 Referral form; www.theministryofparenting.com/wp-content/uploads/2012/02/RequestforEarlyHelpNORTH-EAST1.pdf</p> <p>South Essex. Venue; B Castle Point Association of Voluntary Services, The Tyrells Centre, 39 Seamore Avenue SS7 4EX Start Date – Thursday 20th September 2018 (6:30-8:30pm) Referral form; http://www.theministryofparenting.com/wp-content/uploads/2012/02/RequestforEarlyHelpSOUTH1-1.pdf</p>
<p>RAP - is delivered over 4 Saturday workshops for young people aged 11- 18 years who are exhibiting self-harming behaviour. FLASH (Families Learning About Self-Harm) is delivered over 4 Saturday workshops for parents/carers with young people aged 11- 18 years who are exhibiting self-harming behaviour.</p>	<p>North-East Essex; Venue; The Ministry of Parenting. 90-92 Butt Road, Colchester CO3 3DA Run as 4 interlinking workshops RAP dates; 8th & 22nd September and the 6th & 20th October 2018 FLASH dates starting from the 29th September 2018 Referral form http://www.theministryofparenting.com/adolescents-and-parents/referral-form/</p>

One-to-One parenting support:
 For parents who would like help and support on parenting issues on a one-to-one basis. Sessions normally based at the Ministry of Parenting in Colchester.
 Hourly sessions normally over 4-10 weeks

Regular sessions are offered in North East Essex – for other areas please talk to a member of the Ministry of Parenting (CIC) team
info@theministryofparenting.com

If you are unsure about which group programme or have any questions about the programmes please call us or 01206 562626 or email us at info@theministryofparenting.com For more information on the Early Help Services please contact;

North Essex	West Essex
Colchester YES Colchester: 01206 710771 Clacton: 01255 434601 info@colchesteryes.org.uk www.yesyouthenquiry.service.org	The Children’s Society Tel: 01245 493311 Fax: 01245 491400 FIFreferrals@childrenssociety.org.uk http://www.childrenssociety.org.uk
South Essex	Mid Essex
The Children’s Society Tel: 01245 493311 Fax: 01245 491400 FIFreferrals@childrenssociety.org.uk http://www.childrenssociety.org.uk	The Children’s Society Tel: 01245 493311 Fax: 01245 491400 FIFreferrals@childrenssociety.org.uk http://www.childrenssociety.org.uk