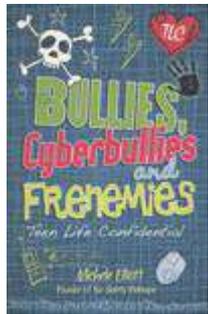
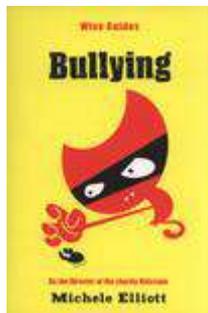
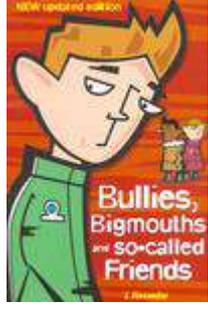
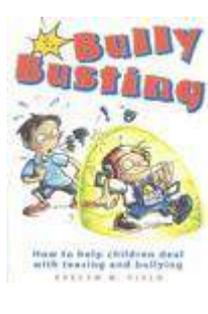
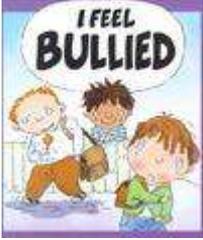
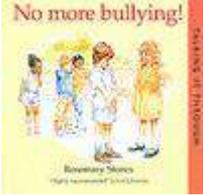
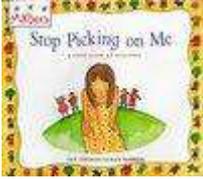
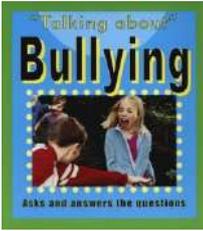
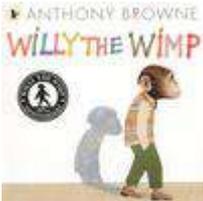


Bullying

To reserve any of the below books from your nearest library please go to www.suffolklibraries.co.uk click on 'Search and Reserve' and type in the title of the book.

Cover	Title	Author	Description
 The cover features a dark blue background with a skull and crossbones, a red heart with '716' inside, and the title 'BULLIES, Cyberbullies and FRENEMIES' in large, colorful letters. Below the title, it says 'Take Life Confidential' and 'Michele Elliott'.	Bullies, cyberbullies and frenemies	Michele Elliott	Are there practical things you can do to stop being bullied - at home, at school and online? What are frenemies and how can you deal with them? How can you learn to make friends and respect yourself? This guide will tell you what bullying is, where it happens, and what you can do about it.
 The cover is bright yellow with a red and black character that looks like a stylized bull or a superhero. The title 'Bullying' is in large black letters. At the bottom, it says 'Michele Elliott'.	Bullying	Michele Elliott	This Wise Guide provides tips on how to respond to the bully, who to go to if you need help, how to make real friends who respect you and, if you see yourself becoming a bully, how to stop. Finally, it shows you how to get your self-esteem back when the bullying has ended.
 The cover shows a cartoon boy with a large, pointed nose and a green shirt. The title 'Bullies, Bigmouths and so-called Friends' is written in red and white. At the bottom, it says 'Jenny Alexander'.	Bullies, bigmouths and so-called friends	Jenny Alexander	Most books about bullying tell children how to act without addressing how they feel. But the usual advice to 'ignore it' or 'say something smart' is doomed to fail, as you can't act brave if you feel stressed. Jenny Alexander's approach is to develop readers' psychological defences.
 The cover is colorful with a star and the title 'Bully Busting' in large, bold letters. Below the title, it says 'How to help children deal with teasing and bullying' and 'Evelyn M. Field'.	Bully busting : How to help children deal with teasing and bullying	Evelyn M. Field	This practical guide aims to help children overcome the damaging effects of teasing and bullying, and to develop understandings and skills which can be used throughout their lives.

	<p>I feel bullied</p>	<p>Jen Green Illustrated by Mike Gordon</p>	<p>Describing what it feels like to be bullied, this is a book for young children. It covers the various forms bullying can take, including physical violence, name-calling, and intimidation, and suggests ways to deal with bullies.</p>
	<p>No more bullying!</p>	<p>Rosemary Stones</p>	<p>If a child is being bullied at school, he or she should always feel able to tell someone about it. Aimed at 5-7 year olds this book examines the reality of being bullied from a child's point of view and provides suggestions on dealing with this problem.</p>
	<p>Stop picking on me</p>	<p>Pat Thomas</p>	<p>Stop Picking on Me looks at the causes and effects of both physical and verbal bullying and encourages communication of fears and worries to those that can help.</p>
	<p>Talking about bullying</p>	<p>Bruce Sanders</p>	<p>Bullying leads to fear and anxiety - it can happen in the home, school or workplace. This text describes what bullying is, how to deal with it and why some people become bullied.</p>
	<p>Say hello</p>	<p>Jack Foreman</p>	<p>Based on the author's childhood experience, this is the story of a boy who is left out and all alone, while other children play happily.</p>
	<p>Willy the Wimp</p>	<p>Anthony Browne</p>	<p>Willy wouldn't hurt a fly - he even apologises when someone hits him. The suburban gorillas call him Willy the Wimp. Then, one day, Willy answers a bodybuilding advertisement - with hilarious results!</p>