



TRAVELLING THE ROAD TO INDEPENDENCE



Baby
(0 – 4)

Child
(5 – 9)

Pre-Teen
(10 – 13)

Teenager
(14 – 17)

Adult
(18+)

Teens need to:

- Build mature relationships with both sexes
- Learn to be independent i.e. ironing, cooking, manage their own money
- Finish school, take exams and make plans for the future
- Feel OK with their body, how it is growing and manage those tricky hormones





A COMPARISON OF TWOS AND TEENS

TWOS

1. Rebels against parents request
2. Both want friendships but also find it “scary”
3. Needs constant reassurance of parents being around
4. Issues of control
 - a) Toilet training
 - b) The clenched teeth of a 10 month old refusing to eat
5. Will not share toys
6. Finds it hard to be in charge of play
7. Puts things in their mouths from buttons to bugs

TEENS

1. Rebels against parents request
2. Both want friendships but also find it “scary”
3. Needs constant reassurance of parents being around
4. Issues of control
 - a) Coming in times
 - b) The defiant refusal of a 14 year old to talk to their parent
5. Will not share relationships
6. Finds it hard to be in charge in peer friendships
7. Puts things in their mouths from alcohol to drugs



