Messages from the Past	
List below messages that you were given as a young person that either through acceptance or	
resistance have guided your self-image: EXAMPLE: "You don't work up to your potential."	
Messages for the Future	
List below message that you are giving your young person presently about who they are:	



SESSION 6: WEEKLY EVALUATION FORM

NAME

DATE				
I. I FOUND THIS SESSI	ON TO BE (please tick)			
	☐ NOT INFORMATIVE	☐ NEUTRAL	QUITE INFORMA	TIVE VERY INFORMATIVE
2. I FEEL THAT THE GR	OUP FACILITATORS WERE (p	lease tick)		
	NOT INFORMATIVE	☐ NEUTRAL	QUITE INFORMA	TIVE VERY INFORMATIVE
3. I WOULD HAVE LIKE	D MORE INFORMATION ON			
. WE WOULD WELCOM	ME FURTHER COMMENTS ON	THE SESSION AS THIS II	NFORMS OUR PRACTICE, T	HANK YOU.
5. IS THERE ANYTHING N MORE DETAIL? (ple		YOU WOULD LIKE THE GI	ROUP FACILITATORS TO DI	SCUSS WITH YOU BY PHONE
		YES, PLEASE PHO	ONE ME THIS WEEK	□ NO

