

FLASH - Training Evaluation Report

Dates: **December 4/5/6 2017**

Venue: **Ministry of Parenting (CIC)**

Mentor: **Jeannie Gordon, Debbi Barnes & Luke Webb**





THE MINISTRY OF PARENTING

How useful was the training for you?

Not useful	Some of it was useful	Neutral or unsure	Most of it was useful	All of it was useful
			1	11

How will you be using the content of the training in your practice?

'I will run a group'

'My plans are to run courses – but not sure at this time how this will look like'

'Currently I can use the idea only, of changing my own thinking of parents of YP who S/H. (No FLASH in Poland yet!).'

'Group-work, CAMHS'

I will be running FLASH workshops with colleagues in the New Year'

'Running groups'

'As it was presented'

'I will be using this to teach and train another member of staff to run a group. If funding from bosses allows'

'To run a group'

'Group starting 23 January 2018 – Canvey Island area. Joint facilitating with CAVS (Castlepoint Association of Volunteer Services)'

'To run a FLASH group in my setting'

'I need to think about this. It would not be appropriate to run the programme in my current setting. The content will be useful in dealing with potential enquiries but clearly much of the material would be inappropriate because of the need to maintain the integrity of the programme'

Did you find the training enjoyable?

Not enjoyable	Some of it was enjoyable	Neutral or unsure	Most of it was enjoyable	All of it enjoyable
			4	8

What part of the training did you get the most from?

'Being able to discuss and get clarity when I was unsure. Cementing my knowledge.'

'The role-plays demonstrated by Jeannie and Luke – and then us in our groups.'

'Practical exercises. Role-playing.'

'Parenting styles – hadn't done this before. Reactions to self-harm 'I' statements'

'I feel that I enjoyed the course when Jeannie and Luke presented FLASH because I feel that I know I have the knowledge and support. I would like to thank the course facilitators.'

'The whole training programme. Sessions 6-10. Because of the role-plays.'

'All of it, but I appreciated looking at it from facilitator perspective and being reminded to.'

'Information. Why the brain is formed and how was helpful. Acting out 'I' feel statements was powerful and will be extremely important moving forward.'

'Trying the activities out for ourselves. Small group conversation'

'All of it was super-relevant, strategies/alternatives to S/H but linked to type of self-harm eg cutting for the release.'

'Some of the refocusing. Remembering not to approach all the material from a therapeutic stance.'

'The way it was structured to make sure it progressed logically and all slotted together. Day 3 gave some great practical skills.'

How would you describe the teaching style?

'Interactive, calming, fun, engaging.'

'A good mix of teaching styles – wonderfully presented by Jeannie and Luke'

'Very interactive, motivating, both trainers very helpful, very supporting and sharing great amount of knowledge and skills.'

'Flexible'

'I found the teaching style met my needs.'

'Brilliant.'

'Interactive, considerate.'

'Visual.'

'Energetic, passionate, active, varied, fun.'

'Experiential and classroom. Collaborative/inclusive. Using humour when necessary and S/H images to bring parents back into the training.'

'Luke had a great ability to lend and refocus the group.'

'Interactive, well-managed, practical, lots of learning styles used. Very supportive and delivered with confidence, humour, when appropriate, and consideration of learner's needs throughout.'

Is there anything that could be done to improve the training?

'I cannot think about. It was great!'

'No'

'None. Well delivered.'

'Group contact post training i.e. share practical experience.'

'A little more highlighting which week we are on. A few times I was unsure which week things fell on, sorry. It may have been me, missing it.'

'Maybe just the case studies being a little clearer about what is needed – this is a small comment. It really is a great course.'

'Was excellent to have Luke present on the training. He can deliver with aplomb and good humour, Luke is personable and witty and clearly passionate about the FLASH programme.'

'Nothing I can think of.'

'Very difficult to identify anything significant – I was really impressed and I'm quite picky!'

Any other comments?

'Really enjoyed the training. I didn't think I would. It wasn't as deep or stressful as I imagined and I feel more confident about running a group.'

'I really enjoyed the three days – I was a little apprehensive but the way we were supported was fantastic. Many thanks.'

'I really appreciate the chance to join the FLASH training and I hope we can do something together in Poland.'

'Luke – approachable, confident, clear explanations and examples, liked the humour.'

'Thank you. Luke was a good trainer too.'

'As trainers it was a positive demonstration of how to interact, support and enable the process.'

'I enjoyed the three days. It was tough but rewarding. Thank you. Luke, I enjoyed your playfulness and the way you are able to judge the room and know how to manage people. You know your stuff, and people, it's so important.'

'Luke, I really appreciated your warmth and openness. You led calmly and confidently and I felt we were in good hands! Jeannie, you are definitely an inspiration! Your stories and way of facilitating were really appreciated. I have learnt a lot.'

'I loved it, cannot wait to run a group then feedback how well it has gone and areas where I need to develop in future groups. May have to consider the Level 2 training in future. Brilliant mug and Certificate.'

'Both Jeannie and Luke have a relaxed, embracing yet directed style of facilitation. Great modelling.'

'A surprisingly uplifting experience which has helped to clarify my thinking and approach to supporting families. I'm not sure how to take this forward – my inner teacher wants to deliver one programme, but my job-role does not permit....Thank you all – especially for all the great food and thoughtfulness!'