



## Current Menu of Groups and Referral Criteria

**The Incredible Years School-Aged** and the **STOP programmes** are provided as part of the New Early Help Services. The only restriction to accessing these services is that the person being referred is not already working with specialist support services such as EWMHS; Family Solutions; Social Care etc.

**The Incredible Years AS Programme** The Incredible Years 'AS' Programme is provided as part of the Early Help Services and supported by Autism Anglia.

**The Incredible Years ADHD Programme** is provided as part of the Early Help Services and Essex Community Foundation (on behalf of the Chrysalis Fund).

**The FLASH** parenting programme is funded by ECC and has no restrictions re other services

**One-to-one support** is not grant-funded so needs to be paid for privately, or commissioned by the referring service. Please contact [info@theministryofparenting.com](mailto:info@theministryofparenting.com) for more information.

Programme	Area and when programmes offered
<b>School Aged Incredible Years</b> is for parents/carers with children aged 4-10 years. The group programme is 12 weeks long and is held for 2 hours weekly (excluding school holidays)	<b>South Essex.</b> Venue; Bardfield Academy, Clay Hill Road, Vange, Basildon SS16 4NL <b>Start Date</b> Friday 12 <sup>th</sup> January 2018 - 4 <sup>th</sup> May 2018 <b>Referral form;</b> <a href="http://www.theministryofparenting.com/wp-content/uploads/2012/02/RequestforEarlyHelpSOUTH1-1.pdf">www.theministryofparenting.com/wp-content/uploads/2012/02/RequestforEarlyHelpSOUTH1-1.pdf</a>
	<b>West Essex. Venue;</b> William Martin Junior School, Harlow CM18 6PN <b>Start Date</b> Wednesday 10 <sup>th</sup> January 2018 – 25 <sup>th</sup> April 2018 <b>Referral form;</b> <a href="http://www.theministryofparenting.com/wp-content/uploads/2012/02/RequestforEarlyHelpWEST1-1.pdf">www.theministryofparenting.com/wp-content/uploads/2012/02/RequestforEarlyHelpWEST1-1.pdf</a>
	<b>Mid Essex. Venue;</b> Holy Family R C Primary School, Maltings Lane, Witham CM8 1DX <b>Start Date</b> - Thursday 11 <sup>th</sup> January 2018 – 3 <sup>rd</sup> May 2018 <b>Referral form;</b> <a href="http://www.theministryofparenting.com/wp-content/uploads/2012/02/RequestforEarlyHelpMID.pdf">www.theministryofparenting.com/wp-content/uploads/2012/02/RequestforEarlyHelpMID.pdf</a>
<b>Incredible Years ADHD programme</b> is for parents/carers with children aged 4-10 years. The group programme is 16 weeks long and is held for 2 hours weekly (excluding school holidays)	<b>North-East Essex.</b> Venue: The Ministry of Parenting, Suite 6, Wellington House, 90-92 Butt Road, Colchester CO3 3DA. <b>Start Date:</b> Thursday 19 <sup>th</sup> April 2018-27 <sup>th</sup> September 2018 <b>THE APRIL COURSE IS NOW FULL, NO REFERRALS PLEASE</b>  <b>North-East Essex:</b> Venue: The Ministry of Parenting, Suite 6, Wellington House, 90-92 Butt Road, Colchester CO3 3DA. <b>Start Date:</b> Thursday 27 <sup>th</sup> September 2018-07 February 2019  <b>Referral form;</b> <a href="http://www.theministryofparenting.com/wp-content/uploads/2012/02/RequestforEarlyHelpNORTH-EAST1.pdf">www.theministryofparenting.com/wp-content/uploads/2012/02/RequestforEarlyHelpNORTH-EAST1.pdf</a> Please return forms to The Ministry of Parenting (CIC)
<b>Incredible Years AS programme</b> is for parents of children on the Autistic Spectrum Disorder range or have language delays. The	<b>North-East Essex:</b> Venue: The Ministry of Parenting, Suite 6, Wellington House, 90-92 Butt Road, Colchester CO3 3DA. <b>Start Date:</b> Friday 27 April 2018-20 July 2018 Places are limited

group programme is 12 weeks long and is held for 2 hours weekly (excluding school holidays)	<b>Referral form;</b> <a href="http://www.theministryofparenting.com/wp-content/uploads/2012/02/RequestforEarlyHelpNORTH-EAST1.pdf">www.theministryofparenting.com/wp-content/uploads/2012/02/RequestforEarlyHelpNORTH-EAST1.pdf</a> Please send referral forms to The Ministry of Parenting (CIC)
<b>The STOP programme</b> is for parents/carers with young people aged 10- 16 years. The group programme is 10 weeks long and is held for 2 hours weekly (excluding school holidays)	<b>North-East Essex; Venue;</b> The Ministry of Parenting. 90-92 Butt Road, Colchester CO3 3DA <b>Start Dates</b> – Thursday 18 January 2018 – 29 March 2018 and Tuesday 24 April 2018 – 3 July 2018 <b>Referral form;</b> <a href="http://www.theministryofparenting.com/wp-content/uploads/2012/02/RequestforEarlyHelpNORTH-EAST1.pdf">www.theministryofparenting.com/wp-content/uploads/2012/02/RequestforEarlyHelpNORTH-EAST1.pdf</a>
	<b>South Essex. Venue;</b> Christchurch, Gateway Service Road Wickford <b>Start Date</b> – Thursday 11 January 2018 – 22 March 2018 <b>Referral form;</b> <a href="http://www.theministryofparenting.com/wp-content/uploads/2012/02/RequestforEarlyHelpSOUTH1-1.pdf">http://www.theministryofparenting.com/wp-content/uploads/2012/02/RequestforEarlyHelpSOUTH1-1.pdf</a>
<b>FLASH (Families Learning About Self-Harm)</b> is delivered over 4 Saturday workshops for parents/carers with young people aged 11- 18 years who are exhibiting self-harming behaviour.	<b>North-East Essex; Venue;</b> The Ministry of Parenting. 90-92 Butt Road, Colchester CO3 3DA Run as 4 interlinking workshops from 10am – 3pm. Dates to be advised <b>Referral form</b> <a href="http://www.theministryofparenting.com/wp-content/uploads/2015/03/FLASH-Referral-Form.pdf">www.theministryofparenting.com/wp-content/uploads/2015/03/FLASH-Referral-Form.pdf</a>
<b>One-to-One parenting support:</b> For parents who would like help and support on parenting issues on a one-to-one basis. Sessions normally based at the Ministry of Parenting in Colchester. Hourly sessions normally over 4-10 weeks	Regular sessions are offered in North East Essex – for other areas please talk to a member of the Ministry of Parenting (CIC) team <a href="mailto:info@theministryofparenting.com">info@theministryofparenting.com</a>

If you are unsure about which group programme or have any questions about the programmes please call us or 01206 562626 or email us at [info@theministryofparenting.com](mailto:info@theministryofparenting.com)

For more information on the Early Help Services please contact;

<b>North Essex</b>	<b>West Essex</b>
<b>Colchester YES</b> Colchester: 01206 710771 Clacton: 01255 434601 <a href="mailto:info@colchesteryes.org.uk">info@colchesteryes.org.uk</a> <a href="http://www.yesyouthenquiry.org">www.yesyouthenquiry.org</a>	<b>The Children's Society</b> Tel: 01245 493311 Fax: 01245 491400 <a href="mailto:FIReferrals@childrenssociety.org.uk">FIReferrals@childrenssociety.org.uk</a> <a href="http://www.childrenssociety.org.uk">http://www.childrenssociety.org.uk</a>
<b>South Essex</b>	<b>Mid Essex</b>
<b>The Children's Society</b> Tel: 01245 493311 Fax: 01245 491400 <a href="mailto:FIReferrals@childrenssociety.org.uk">FIReferrals@childrenssociety.org.uk</a> <a href="http://www.childrenssociety.org.uk">http://www.childrenssociety.org.uk</a>	<b>The Children's Society</b> Tel: 01245 493311 Fax: 01245 491400 <a href="mailto:FIReferrals@childrenssociety.org.uk">FIReferrals@childrenssociety.org.uk</a> <a href="http://www.childrenssociety.org.uk">http://www.childrenssociety.org.uk</a>

