

STOP (A Supportive Programme For Parents of Teens)

Trainers



Jeannie Gordon - Author of STOP

Jeannie trained as a psychiatric nurse with both residential and community experience of working with young children, adolescents and their families. Since 1987, she has worked in a multi-agency setting offering a variety of parenting programmes; these include all the Webster Stratton Incredible Years Parenting Programmes. Jeannie is also author of the FLASH (Families Learning about Self-Harm) and STOP (A Supportive Programme For Parents of Teenagers) programmes.



John Rivers - Level 4 STOP trainer

John trained as a Nursery Nurse in 1994 working in Social Care settings and Family Centres where he developed an interest in systemic family therapy. Since 2002 he has worked for Berkshire's Child and Adolescent Mental Health Teams as a Parenting Practitioner. John gained a Masters Degree in Therapeutic Child Care In 2005. He currently manages a Parenting Support team for West Berkshire as well as managing a Children's Centre. John delivers all the Webster-Stratton Incredible Years programmes as well as STOP and FLASH. He enjoys delivering facilitator training in Group Skills and the STOP and FLASH Programmes.

Dr Polly Phillipson

Polly works as the Parenting Support Coordinator for West Berkshire Council's Parenting Support Team. Within this role she delivers facilitator trainings and parenting programmes. She is trained to deliver the Webster-Stratton Incredible Years (Baby, Early Years & School Age Programmes); the STOP Programme; the FLASH Programme; and Triple P (0-12 yrs & Teen). Polly has worked in the area of parenting support for the past six years. Prior to having children, she worked at the University of East London and has a PhD in Health Sciences.



Mark Woodgate - Level 4 STOP trainer

Area; East Sussex

Information to follow